



CENTRAL DAKOTA VILLAGE

Sisters of Mary of the Presentation Health System

April – May - June 2005

Central Rock Review
Rocky Zastoupil, CEO

Happy Easter to everyone; may our Lord Jesus Christ's resurrection bring you joy and peace! Spring is once again here with all of nature's many wonders and God's blessings. Central Dakota Village is bustling with activity, especially with outside projects now in progress. We are working on moving a portion of the rock in our courtyards in order to provide room to lay some nice green sod. In addition plants, shrubs and a few trees will grace our new courtyards. A statue of Jesus will adorn our front outside entrance as soon as one can be located, and hopefully donated.

We have some exciting news regarding training and certifying of nurse assistants. In March Central Dakota Village received accreditation to provide this service right here on site. Linda Fuchs, RN will be the instructor and I am certain this will add to our loving care philosophy.

Speaking of loving care, we are pleased to announce the beginning of a new chapter in Jamestown. Central Dakota Village is in the process of developing a healing hospitality mission which seeks out employees with servants hearts in order to provide sacred encounters. What are servants' hearts and sacred encounters? Well, a servants' heart is one that seeks to care for others first and themselves second. A sacred encounter occurs when both needs and love are met. Healing hospitality is about loving service to others. It is about compassion and skill that must accompany the use of new technology and pharmaceuticals. Loving care involves skill, competency, and prudent use of resources. Quite a few words to learn; however, the bottom line is we are trying very hard to be better.

Our Legislature is still in session and we are somewhat progressing with the necessary funding issues. The final results will not be known until perhaps the end of April. Please keep our residents welfare in your thoughts and prayers.

Just a reminder: our grand opening and official Blessing for Central Dakota Village will occur during National Nursing Home Week in May. The official Blessing will occur on May 10th, 2005 at 10:30 am. We hope to see many of you there.

God's Blessings

CDV Staff Spotlight

Marilyn Lobsinger



My name is Marilyn Lobsinger and I'm the Wellness/Admissions coordinator here at CDV. I started working at CDV in October of 1977 as a part time staff nurse. I wanted to keep up my nursing career, spend time with my kids, and earn some income for my family. When my children entered junior high school, I changed positions and began working full time. Seeing a big smile or a sparkle in the eyes of one of the residents makes my job worth coming to each day.

I was born at Jamestown Hospital a few decades ago and raised on a farm south of here until moving into Jamestown when I started Junior High School. I left the area for college and then lived in several N.D. cities until returning here in 1977.

I graduated from high school in 1964. After high school, I attended the Sisters of St. Joseph's School of Nursing, which was a 3 year diploma program out of Grand Forks with junior and senior year affiliations in Fargo and Jamestown.

I have two grown children. I have a daughter Michelle who lives in Minneapolis and is now taking a sabbatical in Florida with plans to return to the Cities this spring. My son Michael lives near Albany, NY and has a business with three folks who he met in graduate school. Both of my children are single but I do have a grand dog — a beagle named Tyler!

I have a lot of things I enjoy doing in my spare time, with some of my favorites including traveling, reading, flower gardening, golfing, bowling, attending theater productions. I like most foods that are not the healthiest for you like chocolate, sweets, junk food. My favorite color is red.

CDV Resident Spotlight

Laurie Kresbach

Laurie Aandrud Kresbach was born November 24, 1967 in New Rockford ND to the parents of Steve and Shirley Aandrud. She said it was a cold day when she was born.

She attended school in New Rockford (K-7) and in Jamestown (8-12). She graduated from Jamestown Public Schools in 1986. She met Todd Kresbach and they dated 10 years before they said I Do. Laurie said that she met Todd when she worked at Sooper Stop. "He must have come in to the store 50 times per day during my shift" Laurie said. Laurie has one son and two step sons.

Laurie is a med nurse and has been employed here at CDV for 11 years. She loves being with the residents. In her spare time, Laurie enjoys boating, camping, gardening, and outdoor activities.

Marie Endersbe



Marie Holmstrom Endersbe was born November 1935 to the parents of Oscar and Anna Holmstrom in Lisbon ND. Marie was told it was a cold day when she was born.

Marie attended school in Lisbon. She married Maurice Endersbe and they farmed and raised paint horses. Marie stated that she had a big garden on the farm and enough vegetables were raised to give to the neighbors. Marie has 5 children and a lot of grandchildren.

Marie enjoys spending time with her family, enjoys church activities, bingo, western movies, horses, gardening, flowers and being outside.

CENTRAL DAKOTA VILLAGE

SMP Health System

*REQUESTS YOUR PRESENCE FOR THE **OFFICIAL BLESSING AND GRAND OPENING** OF OUR RENOVATION AND ADDITION*

***WHEN:** TUESDAY, MAY 10, 2005*

***TIME:** 10:30 AM*

***WHERE:** OUTSIDE OF CENTRAL DAKOTA VILLAGE
(WEATHER PERMITTING)*

REFRESHMENTS WILL BE SERVED FOLLOWING THE CEREMONY

National Nursing Home Week May 8-14

Here is the list of activities for the week.

Sunday May 8, 2005

10:00 Helping Hands
11:00 Religious Movie
2:30 Chapel (*Minister to be announced*)
3:00 Social Hour
4:00 Helping Hands

Monday May 9, 2005

9:45 Balloon Lift Off
10:15 Helping Hands
11:00 Mother's Day Poems
2:00 Mother's Day Party
3:00 Social Hour
4:00 Helping Hands
4:45 Bird Cage Chores

Tuesday May 10, 2005

**10:30 Grand Opening Celebration
with Blessing from the Bishop**
2:00 Music Program w/ Steve Samek
3:00 Social Hour
4:00 Helping Hands
4:45 Wheelchair Rides Outdoors
(Weather Permitting)

Wednesday May 11, 2005

10:00 Mass
11:00 Current Events
2:30 Chapel Rev. David Thompson
United Presbyterian Church
3:00 Social Hour
4:00 Helping Hands
4:45 Wheelchair Rides Outside

Thursday May 12, 2005

10:00 Helping Hands
11:00 Reading Group
1:00-3:00 Volunteer Pie Social
3:00 Social Hour
4:30 Helping Hands

Friday May 13, 2005

10:30 Building Blocks Kids Program
2:00 Banana Splits for Residents & Staff
3:00 Social Hour
4:00 Helping Hands
4:45 Coloring

Saturday May 14, 2005

10:00 Helping Hands
11:00 Baby Love Video
2:00 Music with Alvin Entzi
3:00 Social Hour
4:00 Balloon Lift Off
4:30 Helping Hands



The Easter Bunny made at stop at CDV right before Easter.



The staff voted for Valentine King and Queen. This years King is Walter Grommish and the Queen is Ida Kalmbach.



On February 14, 2005, we held a Sweetheart Dinner for residents and their spouses.

CENTRAL PARK CAFÉ



The Central Park Café is now open for business. The Café is open Monday through Friday from 10 a.m. – 4 p.m. There is also a need for volunteers to help staff the Café. If interested in volunteering please contact Peggy Widmer at 252-5660.

CHURCH SCHEDULE



Sunday – Chapel 2:30 p.m.
Monday – Rosary 10:30 a.m.
Wednesday – Mass 10:00 a.m. Chapel 2:30

REGULARLY SCHEDULED ACTIVITIES



Monday – Bingo 2 p.m.
Tuesday – Reading Group 11 a.m.
Friday – Cards 2 p.m.
Monday – Sunday – Social Hour 3 p.m.

Volunteer Tea

April 17 - April 23, 2005 is National Volunteer Week. To show appreciation for our volunteers, we will be having a Volunteer Tea on April 19th.

Thank You's We've Received

"Thank you so much for remembering my mom with the lovely red rose and beautiful bible. A huge thank you for the wonderful care and kindness that was given to mom.."

- **Family of Lena Perleberg**

"We would like to express our heartfelt appreciation to the staff for the care and concern given to our mother. Our minds were put at ease knowing mother was safe and properly taken care of when she could no longer stay at home."

- **Family of Pauline Morlock**

"Thank you for all the wonderful care mom received at the Village. She told us she really liked it there. You are all special people." - **Family of Ida Kalmbach**

"You sent a single red rose which was absolutely beautiful. Thank you, our mom would have loved it. We've said this many times, but thank you again for everything. We will always remember your kindness." - **Family of Helena Tollefson**

Central Dakota Village

501 19th Street NE

Jamestown ND 58401

(701) 252-5660

web page: <http://www.smphs.org/centraldakotavillage/>

Rocky Zastoupil – CEO

Sue Johnson RN – Nursing Services Administrator

Dr. Dale Ernster – Medical Director

Debra Steckler – CFO

Marilyn Lobsinger RN – Wellness/Rehab & Admissions Coordinator

Jeannie Schmidt – Human Resource Manager

Jane Christensen – Housekeeping & Laundry Coordinator

Bob Koller – Maintenance

Candi Otto – Dietary Supervisor

Peggy Widmer – Activities Director/Volunteer Coordinator

Mark Boatman - Newsletter Editor

Sisters of Mary of the Presentation Long Term Care

A Care Philosophy of RESPECT

We are the people of Catholic Healthcare, fostering deep respect for the uniqueness of each person. We believe that aging is a lifelong process.

Relationships

Are purposely developed and nurtured among residents, families, staff, and community. Consistent care for a designated group of individuals enhances the personalization and continuity of care. This builds trust and meaningful relationships throughout the team.

Environment

Is homelike and hospitable. Our facility is home for most residents. In the spirit of hospitality, we provide a homelike environment that enhances socialization, independence, and dignity. Environmental adaptations, programming and educational efforts contribute to a homelike atmosphere.

Stewardship

Stewardship of our resources is using responsibly all that we have been given. Human, fiscal and material stewardship is the foundation of our mission. We value these God given gifts. We seek to develop and utilize them for the benefit of the whole community.

People Directed

Maximizing choices enables people to have control of their lives and is essential to maintain human dignity. Residents are the key decision makers of their care with staff assisting them to carry out their wishes. We focus on rights and responsibilities rather than on rules and schedules. Flexibility is necessary so care can be truly individualized.

Ethical

We are guided by the Ethical & Religious Directive for Catholic Healthcare in all our decision-making. We act on behalf of justice for all, especially for the most vulnerable in society.

Compassionate Care

Each person's life is of utmost value and deserves respect and care at all stages of life. Individuals vary in their response to aging and to chronic health conditions. We focus on health and wellness while assisting in areas where support and healing are needed. We attend to the whole person emotionally, spiritually, socially, and physically. Interventions will promote growth and independence and maximize each individual's potential.

Teamwork and Dedication

All team members are individually responsible and accountable to promote an atmosphere of service and open communication between residents, family and staff. We commit ourselves to the common good by serving with joy and integrity. Moral commitment to truth, responsibility, purpose, trust and professionalism guides us in our daily mission.